



**Category: Applied Research in Health and Medicine**

**SHORT COMMUNICATION**

## **Impact of Pharmacological Competencies on the Reduction of Medication Errors in Critical Care Units**

### **Impacto de las Competencias Farmacológicas en la Reducción de Errores de Medicación en Unidades de Cuidados Críticos**

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#### **ABSTRACT**

The use of drugs to treat disease and relieve pain has historical roots that evolved significantly over time, especially in the 20th century, when pharmacology became a central discipline in healthcare and nursing. This practice, although essential for patient recovery, especially in high-intervention settings such as intensive care units, is prone to errors that can have serious consequences for patients. The National Coordinating Council for Medication Error Prevention (NCC MERP) has developed error classification and analysis tools, emphasizing that errors are often preventable and multifactorial, highlighting the importance of nursing staff pharmacological knowledge. Several studies have identified the causes and consequences of medication errors. In Ecuador, errors were related to high patient demand, non-compliance with schedules and poor administration technique. In Cuba, a general mastery of medications was observed, but a deficiency in the recognition of adverse reactions. In Spain, pharmacovigilance showed low rates of spontaneous reporting of adverse events, attributable to insufficient training in pharmacology. In critical care units, the most common errors included administration, dilution and dosing techniques, exacerbated by pressure of care and communication problems. In this context, nursing plays a crucial role as it is at the end of the pharmacotherapeutic process, acting as the last barrier to prevent errors from reaching the patient. This study in an Intensive Care Unit in Rosario seeks to delve into this problem, highlighting its impact on patients and on the professional development of nursing staff, with the aim of providing practical and theoretical solutions.

**Keywords:** Pharmacology; medication errors; nursing; critical care units; pharmacovigilance.

## RESUMEN

El uso de medicamentos para tratar enfermedades y aliviar el dolor tiene raíces históricas que evolucionaron significativamente con el tiempo, especialmente en el siglo XX, cuando la farmacología se convirtió en una disciplina central en la salud y la enfermería. Esta práctica, aunque esencial para la recuperación de pacientes, especialmente en contextos de alta intervención como las unidades intensivas, está expuesta a errores que pueden tener consecuencias graves para los pacientes. El Consejo Nacional de Coordinación para la Prevención de Errores de Medicación (NCC MERP) ha desarrollado herramientas de clasificación y análisis de errores, subrayando que estos son a menudo prevenibles y multifactoriales, destacando la importancia del conocimiento farmacológico del personal de enfermería. Diversos estudios han identificado las causas y consecuencias de los errores de medicación. En Ecuador, se relacionaron errores con alta demanda de pacientes, incumplimientos de horarios y mala técnica de administración. En Cuba, se observó un dominio general de los medicamentos, pero una deficiencia en el reconocimiento de reacciones adversas. En España, la farmacovigilancia mostró bajas tasas de notificación espontánea de eventos adversos, atribuibles a la insuficiente formación en farmacología. En las unidades de cuidados críticos, los errores más comunes incluyeron técnicas de administración, dilución y dosificación, exacerbados por la presión asistencial y problemas de comunicación. En este contexto, la enfermería desempeña un papel crucial al encontrarse al final del proceso farmacoterapéutico, actuando como última barrera para evitar que los errores lleguen al paciente. Este estudio en una Unidad de Terapia Intensiva de Rosario busca profundizar en esta problemática, resaltando su impacto en los pacientes y en el desarrollo profesional del personal de enfermería, con el objetivo de aportar soluciones prácticas y teóricas.

**Palabras clave:** Farmacología; errores de medicación; enfermería; unidades de cuidados críticos; farmacovigilancia.

The use of medicines to cure diseases and pain relief is an ancient practice that has resorted to preparations using extracts from the plant and animal world. It was not until 1498 that the first European book legislating the preparation of drugs was published. By the 20th century, pharmacology had such a boom that it had become one of the major industries of our time. As a discipline, it studies the properties of drugs and chemical substances that act on living matter and is closely related to the professional practice of nursing (Vergel Rivera et al., 2009). Regarding the medicinal practice, Machado de Azevedo (2012) states that it is a pillar in the health recovery process, mainly in patients with high intervention in the intensive sectors and involves Nurses as a responsible protagonist of this practice susceptible to making mistakes with harmful consequences for the patient.

Then, it is not strange that the knowledge and mastery of this discipline constitutes a concern of the nursing collective in the context of the health field, where the academic concern to be oriented towards excellence is growing and where curricular adaptations and the construction of learning styles that form professionals capable of self-managing their continuing education needs throughout professional life are included (Romero Viamonte, 2018).

The National Coordinating Council for Medication Error Reporting and National Coordinating Council for Medication Error Reporting and Prevention [NCC MERP]- is an independent body composed of 27 organizations with constituent organizations such as the American Nurses Association [ANA], the American Medical Association [AMA], the United States Department of Defense [USA], the Institute for Safe Medication Practices, the Society of Hospital Medicine, and the United States Pharmacopeia (NCC MERP, 2022).

In 1998, the NCC MERP published "the first taxonomy of medication errors to provide a standardized language and structured classification of medication errors for subsequent analysis and recording." This tool, extremely useful for classifying medication errors, has proved to be important in understanding the causes of their occurrence. Although it is observed that the problem is multifactorial, the nurse has an important role in the prevention of such errors, fundamentally because of his pharmacological competencies, that is, because of the knowledge he possesses and how he applies it to solve problems in his healthcare practice (Romero Viamonte, 2018).

Páez Arellano et al. (2016) conducted descriptive research with physicians and nurses to determine the knowledge on the subject and to point out the most frequent errors in the prescription and management of medication in the Pediatrics Service of the Hospital San Vicente de Paúl Ibarra -Ecuador-. In their conceptual framework, they position themselves in events that can be prevented and are a consequence of "human failures due to lack of therapeutic knowledge, decreased attention, or system failures." They argue that most medication errors go undetected, have little clinical impact, and that some can result in significant morbidity or mortality.

A report by the U.S. Institute of Medicine states that there are 7000 deaths annually as a consequence of medical medication errors; however, little information is available on the frequency of these errors. Their study determined that high patient demand correlates with medical prescription error (45%) and the nurse's untimeliness in administering the prescription (86%). Also, in Ecuador, Vaca Aúz et al. (2016) determined that, in 30 days, 26 adverse events related to nursing care were detected. Although 50% were typified as non-injury events, 100% were classified as potentially preventable. Most occurred with poor technique at the time of medication administration, non-compliance with the schedule, and non-compliance with medical indications.

In a descriptive and retrospective study on the knowledge of the practical management of drugs in nursing at the Gynecobstetric Hospital of Guanabacoa -Cuba- a previously validated survey was applied to 24 nurses who attended births from January to December 2015. It was determined that most of them knew the drugs used in the investigated service and mastered their administration, but 62.5 % were not able to identify adverse reactions (Montero Vizcaíno et al., 2017).

In an approach to pharmacovigilance, Calderón Mediavilla (2021) describes the functioning of the Spanish System of Pharmacovigilance of Medicines for Human Use in the fulfillment of the purpose of control of drug safety and efficacy that is evaluated after marketing and use. In order to achieve this health control goal, spontaneous reporting is essential, i.e., to apply a method where professionals and patients can report suspected cases of adverse reactions. The System's notification files reveal that "reporting from the nursing community is scarce, due to multifactorial reasons, which begin to be forged in university training, being necessary interventions to reinforce the knowledge, attitudes, and behavior of professionals in pharmacovigilance." Incidentally, Calderón Mediavilla (2021) presents his translation of the article by J.Tichelaar et al. (2021), "The Potential of Training Specialist Oncology Nurses in Real-life Reporting of Adverse Drug Reactions," where a prospective study that measured the impact of pharmacovigilance training in the Netherlands in 2015 is recounted. Out of 113 oncology specialist nurses enrolled in training on prescribing the most commonly used drugs in the specialty, 88 agreed to participate so that change in spontaneous reporting behavior was determined, resulting in the total number of specialist nurses making reports up to 5 years after the training, as opposed to only 6 of those 88 having reported prior to the course.

Finally, Escrivá Gracia et al. (2017) executed a study with a mixed design in the Consorcio Hospital General Universitario de Valencia by surveying information from clinical records and interviewing professionals involved in the medication process of a UTI with three general objectives of identifying the main medication errors made during the prescription, transcription and administration of medications; to analyze the perception of expert professionals about the causes of medication errors, and to determine whether the level of knowledge of nurses about the use and administration of medications is related to

the most common medication errors in the use of the most commonly used drugs in critical care. They concluded that medication errors occur in critical care units and that one of the main problems is the type of administration routes used in these patients (intravenous, subcutaneous, inhalation, and nasogastric tube). The most important problems detected were -in order of frequency- the technique of administering drugs through digestive probes, non-compliance with the prescribed antibiotic dosage schedule, and dilution, concentration, and infusion rate errors with high-risk drugs. It was also found that more errors were made in prescribing than in transcribing. Concerning Nursing, specifically, the level of knowledge of the pharmacology of the nursing professional was related to the most common errors in critical care, helped by insufficient access to information, and "a context with communication problems, poor relations in the work environment, excessive care pressure, work interruptions, and an erroneous consideration of what constitutes an error, aggravated by the urgent and critical nature of professional actions in this field." A large part of the errors committed derive from failures in previous stages, "which makes this professional an important filter to prevent a considerable number of errors from reaching the patient." In the same sense, Machado et al. (2012) state that nursing is key within the pharmacotherapeutic process and point out that the fact of being at the end of the process turns the action of administering into the last opportunity to detect and interrupt the sequence of errors committed in previous phases on the one hand, and "increases their responsibility in evidencing and preventing failures." As if the above were not enough regarding the importance of the nursing role in the System, it should be added that the greater proximity to the patient's evolution enables the early detection of possible adverse events.

Therefore, the study of the assessment of the drug problem about the pharmacological competencies of nurses in an Intensive Care Unit of a public hospital in the city of Rosario in September 2021 is justified by the need to advance the knowledge of a situation that impacts both patients and the development of the professional activity of nurses. It has social relevance and constitutes a theoretical contribution to advance the solutions of the results and findings.

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